

## Bible Quiz About Anxiety and Depression Questions

1. According to Proverbs 1:7, "the fear of the Lord is \_\_\_"

- a: the path to great riches
- b: the beginning of knowledge
- c: the gateway to glory
- d: the only way to live a successful life

2. The Bible says in 1 Peter 5:7, "that we should cast all our anxiety on him because \_\_\_"

- a: he commands so
- b: there is no one else to turn to
- c: he makes us richer
- d: he cares for us

3. The book of Proverbs reminds us that "though anxiety may weigh us down but a kind word would \_\_\_"

- a: make us cleansed
- b: cheer us up
- c: restore our soul
- d: make us feel good

4. In Romans, which of the following will NOT be able to separate you from the love of God?

- a: Fornication
- b: Death
- c: Greed
- d: Idolatry

5. God commands us to be strong and to be of good \_\_\_?

- a: courage
- b: servant
- c: steward
- d: human

6. The Bible teaches us to trust in the Lord with all our \_\_\_?

- a: knowledge
- b: power
- c: wealth
- d: heart

**7. God promises that he will not let your foot \_\_\_?**

- a: break
- b: slip
- c: paralyse
- d: sink

**8. In Matthew, we are warned not to be afraid of those who can kill the body but not the soul but rather be afraid of the one who can destroy both body and \_\_\_?**

- a: spirit
- b: wealth
- c: soul
- d: peace of mind

**9. The Lord promises that he will give what to those come to him with weary and burdened heart?**

- a: rest
- b: fame
- c: riches
- d: restoration

**10. Complete this verse: "When my heart is overwhelmed, lead me to the rock that is \_\_\_"**

- a: built by angels
- b: stronger than the mountains
- c: in the promised land
- d: higher than I

## Bible Quiz About Anxiety and Depression Answers

1. the beginning of knowledge
2. he cares for us
3. cheer us up
4. Death
5. courage
6. heart
7. slip
8. soul
9. rest
10. higher than I